FolkTime uses the model of Intentional Peer Support (IPS)

SLOP is a meeting designed & facilitated by survivors!

It provides a space for individuals to come together so they can share their experience, strength and hope!

SLOP is on ZOOM every Thursday!

12:00 - 1:00 PM (PST) Readings, topic discussion, Open shares 1:00-1:30 PM (PST) Optional time for decompression

At this link: https://us02web.zoom.us/j/82756077651
Meeting ID: 827 5607 7651
For more information look for SLOP in our Calendar: https://folktime.org/training-calendar/
Or drop us a line at: SLOPGroup@folktime.org

By using IPS, SLOP:

- Moves through the 3 principles and 4 tasks of IPS, allowing unknown or hidden stories to be discovered that may give some perception into the true source of deep emotional pain.
- Asks us to discuss suicide as a language of pain, challenging the assumption of a problem, or needing to change.
- Asks us to remain curious by meeting people where they are. When we listen and make connection, we create an avenue for trusting relationships.
- Allows the possibility of finding hope through conversations where people feel heard, validated, and understood.

Come visit us at FolkTime